



ADULT BASKETBALL RULES

For all Sylvania Recreation League games we will use Ohio High School Basketball Rules in addition to the follow League Rules.

Organization

5 v 5 – Max Roster 10 Players – Official games can be played with 4 players. Anything less will be marked as a forfeit.

3 v 3 – Max Roster 6 Players – Official games can be played with 2 players. Anything less will be marked as a forfeit.

Players must be at least 18 years old and out of High School.

Season standings will be kept online at Playsylvania.com. The top 4 teams will make a single elimination tournament. Playoff Seedings will be based on head to head records. If necessary the final tie breaker will be "points allowed".

Rosters

1. All players participating in a Sylvania Recreation Adult League must sign his/her team roster/liability waiver.
2. Players may only be rostered on one (1) team per league.
3. Once a league begins, players may be added to a roster at any time during the 1st half of the regular season. If the regular season consists of an uneven # of games, players can be added until one game past the half way point. (i.e. 5 game regular season, players can be added thru the 3rd game)
4. League officials reserve the right to make exceptions to this rule in the event of injuries, players quitting, etc.
5. All roster questions, protests, subs, etc. need to be done at the scorer's table before the start of the game.

Substitute Players

1. Substitute players should only be used when a team has the required amount of players to give a plus one. Ex. 5v5 team has 5 players can use a sub for a plus one.
2. Any team that intends to use a substitute player needs to **A)** make the opposing team manager and Sylvania staff member aware of sub **B)** have the opposing team manager OK the sub while Sylvania staff member is present. At that point as long as each team manager and staff member are made aware of substitute player the sub is illegible to play in an official game.
3. If an agreement is not met by both team managers the sub cannot play.

Rules of Play

1. 5 v 5 will play full court games. 3 v 3 will play small sided court games
2. Two (2) 20 - minute halves with a running clock. The clock will stop under 1 minute in the first half and under two minutes in the second half.
3. Time outs -2 per half - 30 seconds each.
4. There will be a 3-minute break at the halftime.
5. No team can press up by more than 15 points.
6. NO DUNKING. Any player who dunks will be given a technical foul and the basket will not count.
7. NO ALCOHOL or TABACCO allowed in the Field House/Gym.

8. Player disqualification results from the following: a) Committing 5 personal fouls (technical fouls count as personal fouls) b) 2 technical fouls in a game c) 1 flagrant or excessive foul. Any player that receives 2 technical fouls or 1 flagrant foul may also serve a suspension or be removed from the league depending on the severity of the actions.
9. Any type of fighting will not be tolerated and will result in a flagrant foul, ejection, and suspension by Sylvania Recreation.
10. Officials are to be respected by all Players, Managers, and Spectators at all times! Officials have full control of each game. Please remember, that although Player, Manager, and Spectators may not always agree with a particular call, all calls are to be respected. Any poor Sportsmanship or unacceptable behavior deemed by Official or Sylvania Recreation Staff Member can lead to ejection, being asked to leave the gym, and/or suspension from the league.